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Daily Chop-Builders for Bass

**by Josquin
Des Pres**

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About the Author

Born in St. Tropez, France, Josquin des Pres started out in music as the bass player for French jazz violinist Didier Lockwood and was an important part of the early eighties Paris music scene that gave birth to great players like, Manu Katche (Sting, Peter Gabriel) and Bunny Brunel (Herbie Hancock). As a studio musician appears on dozens of albums sharing credits with such noteworthy players as: Jeff Porcaro (Toto), Steve Lukather (Toto), Vinnie Colaiuta (Sting, Joni Mitchell), Billy Sheehan (Mr. Big), Jimmy Crespo (Aerosmith, Billy Squier), David Garibaldi (Tower of Power), Jerry Goodman (Dixie Dregs)...He is also a producer and Warner Chappell songwriter with credits that include multiple collaborations with Elton John's lyricist Bernie Taupin, as well as numerous covers by international artists.

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Preface

This book is designed to provide bass players with a wide variety of exercises indispensable to anyone wanting to develop the technique necessary to succeed in today's music scene.

Introduction

Practice 2 exercises per day **1 from the left hand section** of the book and **1 from the right hand section** of the book. Play each exercise **for at least 30 minutes**. Always **use a metronome**. Start at the **slowest indicated speed, concentrate on your sound**, then **gradually** speed up.

Section 1

Left Hand Exercises

Left Hand Dexterity Exercises In C Major



Track #5

Play each exercise twice, then move up chromatically to the 12th fret then back down.

1.) ♩ = 80/120

L.H.*

*** Left Hand Fingering.**



Track #6

2.) ♩ = 80/120

L.H.



Track #7

3.) ♩ = 80/120

L.H.



Track #8

4.) ♩ = 80/120

L.H.



Track #9

5.) ♩ = 80/120

L.H. 2 1 1 4 4 2 1 4 1 4 1 4 3 4 2 4

3 2 2 5 5 3 2 5 2 5 2 5 4 5 3 5



Track #10

6.) ♩ = 80/120

L.H. 2 1 1 4 2 4 1 4 1 2 1 4 2 4 4 1

3 2 2 5 3 5 2 5 2 3 2 5 3 5 5 2



Track #11

7.) ♩ = 80/120

L.H. 2 4 1 3 4 1 2 4 1 4 4 1 2 4 1 4

3 5 2 4 5 2 3 5 2 5 2 3 5 2 5



Track #12

8.) ♩ = 80/120

L.H. 2 1 4 1 2 1 4 4 2 4 3 4 1 4 4 1

3 2 5 2 3 2 5 5 3 5 4 5 2 5 5 2



Track #13

9.) ♩ = 80/120

L.H.

2 4 3 4 1 3 4 4 1 3 4 1 2 4 1 4

3 5 4 5 2 4 5 5 2 4 5 2 3 5 2 5



Track #14

10.) ♩ = 80/120

L.H.

1 2 4 1 2 4 1 4 3 4 2 1 4 1 4 2

2 3 5 2 3 5 2 5 4 5 3 2 5 2 5 3



Track #15

11.) ♩ = 80/120

L.H.

2 4 2 4 1 4 2 4 3 4 1 3 4 3 1 4

3 5 3 5 2 5 3 5 5 5 2 4 5 4 2 5



Track #16

12.) ♩ = 80/120

L.H.

2 4 1 2 3 1 4 4 2 1 4 4 1 3 4 2

3 5 2 3 4 2 5 5 3 2 5 5 2 4 5 3

Left Hand Dexterity Exercises In C Major



Track #17

Play each exercise *twice*, then move up chromatically to the 12th fret then back down

1.) ♩ = 80/120

L.H. 4/4

2 2 4 1 2 1 4 1

T 3 3 5 2 3 2 5 2

A 3 3 5 2 3 2 5 2

B

L.H. 4/4

4 2 4 1 4 2 4 1

T 5 3 5 2 5 3 5 3

A 5 3 5 2 5 3 5 3

B

L.H. 4/4

1 4 4 4 4 1 2 1

T 2 5 5 7 5 2 3 2

A 2 5 5 7 5 2 3 2

B

L.H. 4/4

2 2 4 1 2 2 4 2

T 7 4 5 3 5 2 3

A 7 4 5 3 5 2 3

B



Track #18

2.) ♩ = 80/120

L.H. 3 4 3 1 2 1 3 4 1 3 4 3 1 3 4 3

T 9 10 10 7 8 7 10 10 7 9 10 10 7 10 10 9

A B

L.H. 4 3 1 2 2 2 1 4 1 2 4 3 1 3 4 1

T 10 10 7 8 3 3 2 5 2 3 5 5 1 5 5 3

A B

L.H. 4 1 2 2 0 2 2 1 2 4 1 2 1 2 1 4

T 5 2 3 3 0 3 3 2 3 5 2 3 1 3 2 5

A B

L.H. 2 2 1 4 2

T 3 3 2 5 3

A B



Track #19

3.) $\text{♩} = 80/120$

L.H. 3 4 3 4 1 4 2 4 4 4 1 4 2 4 2 4

T 4 5 5 5 2 5 5 5 2 5 3 5 5
A 5 2 3 5 3 5 3
B 3 3

L.H. 3 2 1 4 2 4 4 3 4 2 2 1 4 1 4 4

T 3 2 5 3 5 5 4 5 2 5 2 5 5
A 3 2 5 3 5 5 4 3 3 2 5 2 5
B 3 3

L.H. 4 1 1 4 3 4 3 3 4 2 1 3 4 3 4 3

T 7 7 7 7 9 9 10 10 10 10 9
A 5 5 8 7 8 7 8 7 10 10 10 10
B 5 8

L.H. 4 1 3 4 2 4 3 1 2

T 10 7 9 10 8 10 9 7
A 10 8 10 9 7
B 8

Exercises Over The 7 Modes of the C Major Scale

Inverting Tetrachords

A tetrachord is a series of four consecutive notes comprising an interval of a fourth. For example: In the C major scale C.D.E.F. is the first tetrachord and G.A.B.C. is the second tetrachord.

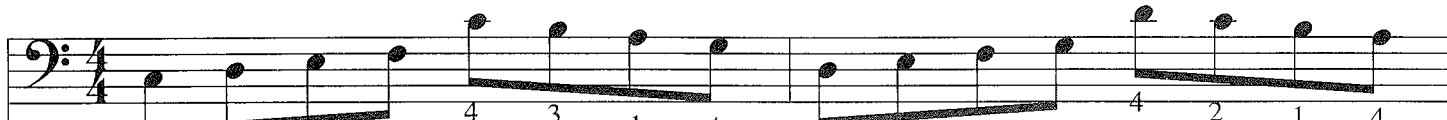


Track #20

1.) 1st tetrachord up, 2nd tetrachord down

Ionian

Dorian

L.H. 
T 3 5 2 3 5 4 2 5 | 5 7 8 5 7 5 4 7
A
B

Phrygian

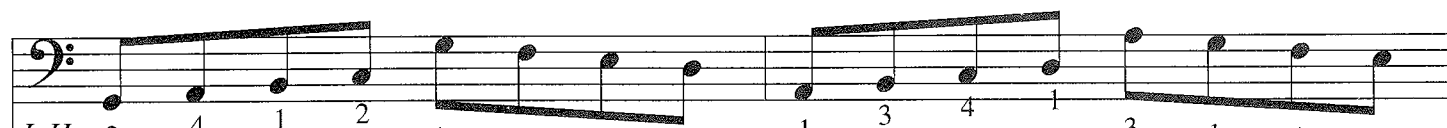
Lydian

L.H. 
T 7 8 10 7 9 7 10 9 | 8 10 7 9 10 9 7 10
A
B

Mixolydian

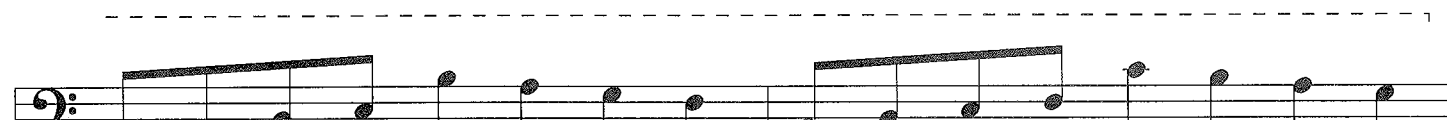
Aeolian

8^{va}

L.H. 
T 10 12 9 10 12 10 9 12 | 12 14 15 12 14 12 15 14
A
B

Locrian

Ionian

L.H. 
T 14 15 17 14 16 14 17 15 | 15 17 14 15 17 16 14 17
A
B



Track #21

2.) 2nd tetrachord down, 1st tetrachord up

Ionian

Dorian

L.H.

TAB

5	4	2	5	3	5	2	3	7	5	4	7	5	7	8	5
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Phrygian

Lydian

L.H.

TAB

9	7	10	9	7	8	10	7	10	9	7	10	8	10	7	9
---	---	----	---	---	---	----	---	----	---	---	----	---	----	---	---

Mixolydian

Aeolian

8^{va}

L.H.

TAB

12	10	9	12	10	12	9	10	14	12	15	14	12	14	15	12
----	----	---	----	----	----	---	----	----	----	----	----	----	----	----	----

L.H.

TAB

16	14	17	15	14	15	17	14	17	16	14	17	15	17	14	15
----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----

**3.)** 1st tetrachord down, 2nd tetrachord up*Ionian**Dorian*

Handwritten musical notation for the Ionian and Dorian modes. The notation is in bass clef, 4/4 time, and includes fingerings (L.H. and R.H.) and tablature (T, A, B).

Ionian: L.H. 2 1 4 2; R.H. 4 1 3 4. Tablature: T 3 2 5 3; A 5 2 4 5; B 5 3.

Dorian: L.H. 1 4 3 1; R.H. 4 1 2 4. Tablature: T 5 8 7 5; A 7 4 5 7; B 7 5.

*Phrygian**Lydian*

Handwritten musical notation for the Phrygian and Lydian modes. The notation is in bass clef, 4/4 time, and includes fingerings (L.H. and R.H.) and tablature (T, A, B).

Phrygian: L.H. 1 4 2 1; R.H. 3 4 1 3. Tablature: T 7 10 8 7; A 9 10 7 9; B 9 10.

Lydian: L.H. 3 1 4 2; R.H. 4 1 3 4. Tablature: T 9 7 10 8; A 10 7 9 10; B 10 8.

*Mixolydian**Aeolian*

Handwritten musical notation for the Mixolydian and Aeolian modes. The notation is in bass clef, 4/4 time, and includes fingerings (L.H. and R.H.) and tablature (T, A, B). A dashed line indicates an octave shift (8va).

Mixolydian: L.H. 2 1 4 2; R.H. 4 1 2 4. Tablature: T 10 9 12 10; A 12 9 10 12; B 12 10.

Aeolian: L.H. 1 4 3 1; R.H. 3 4 1 3. Tablature: T 12 15 14 12; A 14 15 12 14; B 12 14.

*Locrian**Ionian*

Handwritten musical notation for the Locrian and Ionian modes. The notation is in bass clef, 4/4 time, and includes fingerings (L.H. and R.H.) and tablature (T, A, B). A dashed line indicates an octave shift.

Locrian: L.H. 1 4 2 1; R.H. 3 4 1 3. Tablature: T 14 17 15 14; A 15 17 14 16; B 14 16.

Ionian: L.H. 2 1 4 2; R.H. 4 1 3 4. Tablature: T 15 14 17 15; A 17 14 16 17; B 15 17.



4.) 2nd tetrachord up, 1st tetrachord down

Ionian *Dorian*

L.H. 4 4 1 3 4 2 1 4 2 4 1 2 4 1 4 3 1

T 5 2 4 5 3 2 5 3 7 4 5 7 5 8 7 5

A B

Phrygian *Lydian*

L.H. 3 4 1 3 1 4 2 1 4 1 3 4 3 1 4 2

T 9 10 7 9 7 10 8 7 10 7 9 10 9 7 10 8

A B

Mixolydian *Aeolian*

8^{va} -----

L.H. 4 1 2 4 2 1 4 2 3 4 1 3 1 4 3 1

T 12 9 10 12 10 9 12 10 14 15 12 14 12 15 14 12

A B

Locrian *Ionian*

L.H. 2 4 1 3 1 4 2 1 4 1 3 4 2 1 4 2

T 15 17 14 16 14 17 15 14 17 14 16 17 15 14 17 15

A B



Ascending In Thirds

5.) ♩ = 60

IonianDorian

L.H. 2 1 4 2 1 4 2 1 4 3 1 4 1 4 3 1 4 2 1 4 2 1 4

T 3 2 5 3 2 5 3 2 5 4 2 5 5 8 7 5 8 7 5 4 7 5 4 7

A B

PhrygianLydian

L.H. 1 4 2 1 4 3 1 4 3 1 4 3 2 1 4 3 1 4 3 1 4 3 1 4 3 1 4

T 7 10 8 7 10 9 7 10 9 7 10 9 8 7 10 9 7 10 9 7 10 9 7 10 9 7 10

A B

MixolydianAeolian8^{va} -----

L.H. 2 1 4 2 1 4 2 1 4 2 1 4 3 1 4 3 1 4 3 1 4 3 1 4 3 1 4

T 9 10 9 12 10 9 12 10 9 12 12 15 14 12 15 14 12 15 14 12 15 14 12 15 14

A B

LocrianIonian

L.H. 1 4 2 1 4 2 1 4 3 2 1 4 2 1 4 2 1 4 3 1 4 2 1 4 3 1 4

T 14 15 14 17 15 14 17 15 14 17 16 14 17 15 14 17 15 14 17 15 14 17 15 14 17

A B



Descending In Thirds

6.)

IonianLocrian8^{va} -----

L.H.

TAB

17	14	16	17	14	15	17	14	15	16	17	14	15	17	14	15	17	14
----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----

AeolianMixolydian

L.H.

TAB

14	15	12	14	15	12	14	15	12	12	9	10	12	9	10	12	9	10	12	9	10
----	----	----	----	----	----	----	----	----	----	---	----	----	---	----	----	---	----	----	---	----

LydianPhrygian

L.H.

TAB

10	7	9	10	7	9	10	7	9	10	7	8	9	10	7	9	10	7	9	10	7	8	10	7
----	---	---	----	---	---	----	---	---	----	---	---	---	----	---	---	----	---	---	----	---	---	----	---

DorianIonian

L.H.

TAB

7	4	5	7	4	5	7	8	5	7	8	5	5	2	4	5	2	3	5	2	3	5	2	3
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---



Track #26

Inverting up & down motion over thirds

7.)

♩ = 60

Ionian

Dorian

L.H.

3 2 3 5 2 5 2 3 5 4 5 2 | 5 8 5 7 8 7 4 5 7 5 7 4

Phrygian

Lydian

L.H.

7 10 7 8 10 9 10 7 9 7 9 10 | 8 7 9 10 7 10 7 9 10 9 10 7

Mixolydian

Aeolian

8^{va}

L.H.

10 9 10 12 9 12 9 10 12 10 12 9 | 12 15 12 14 15 14 15 12 14 12 14 15

Locrian

Ionian

L.H.

14 17 14 15 17 15 17 14 15 14 16 17 | 15 14 15 17 14 17 14 15 17 16 17 14



Track #27

Arpeggiating in intervals of 1.3.5.7 - 6.4.2.1

8.) Ascending

Ionian

Dorian

L.H. 2 1 4 3 1 2 4 2 1 4 3 1 1 2 4 2

TAB 3 2 5 4 2 3 5 3 5 8 7 5 4 5 7 5

Phrygian

Lydian

L.H. 1 4 3 1 4 1 2 1 2 1 4 3 1 3 4 2

TAB 7 10 9 7 10 7 8 7 8 7 10 9 7 9 10 8

Mixolydian

Aeolian

8va

L.H. 2 1 4 2 1 2 4 2 1 4 3 1 4 1 3 1

TAB 10 9 12 10 9 10 12 10 12 15 14 12 15 12 14 12

Locrian

Ionian

L.H. 1 4 2 1 4 1 2 4 2 1 4 3 1 2 4 2

TAB 14 17 15 14 17 14 15 14 15 14 17 16 14 15 17 15



Track #28

9.) Descending

8va Ionian

Locrian

Handwritten musical notation for the first system, featuring a bass clef, 4/4 time signature, and a descending scale. The notation includes fingerings (1-4) and a tablature section below with fret numbers (15, 14, 17, 16, 14, 15, 17, 15, 14, 17, 15, 14, 17, 14, 15, 14).

Aeolian

Mixolydian

Handwritten musical notation for the second system, featuring a bass clef, 4/4 time signature, and a descending scale. The notation includes fingerings (1-4) and a tablature section below with fret numbers (12, 15, 14, 12, 15, 12, 14, 12, 10, 9, 12, 10, 9, 10, 12, 10).

Lydian

Phrygian

Handwritten musical notation for the third system, featuring a bass clef, 4/4 time signature, and a descending scale. The notation includes fingerings (1-4) and a tablature section below with fret numbers (8, 7, 10, 9, 7, 9, 10, 8, 7, 10, 9, 7, 10, 7, 8, 7).

Dorian

Ionian

Handwritten musical notation for the fourth system, featuring a bass clef, 4/4 time signature, and a descending scale. The notation includes fingerings (1-4) and a tablature section below with fret numbers (5, 8, 7, 5, 4, 5, 7, 5, 3, 2, 5, 4, 2, 3, 5, 3).

Combining 1st tetrachord ascending consecutively & 2nd tetrachord descending in thirds



Track #29

10.)

Ionian

Dorian

L.H. 4/4

2 4 1 2 4 1 3 4 1 3 4 1 4 1 2 4

T 3 5 2 3 5 2 4 5 5 7 8 5 7 4 5 7

A B

Phrygian

Lydian

L.H. 4/4

1 2 4 1 3 4 1 3 2 4 1 3 4 1 3 4

T 7 8 10 7 9 10 7 9 8 10 7 9 10 7 9 10

A B

Mixolydian

Aeolian

8^{va} - - - - -

L.H. 4/4

2 4 1 2 4 1 2 4 1 3 4 1 3 4 1 3

T 10 12 9 10 12 9 10 12 12 14 15 12 14 15 12 14

A B

Locrian

Ionian

L.H. 4/4

1 2 4 1 3 4 1 2 2 4 1 2 4 1 3 4

T 14 15 17 14 16 17 14 15 15 17 14 15 17 14 16 17

A B

Combining 1st tetrachord ascending in thirds & 2nd tetrachord descending consecutively



Track #30

11.)

Ionian

Dorian

L.H. 4/4

2 1 4 2 | 4 3 1 4 | 1 4 3 1 | 4 2 1 4

T 2 3 5 4 2 5 | 5 7 5 4 7

A 3 5 3 5 | 5 8 7 5

B 3 5 | 5 7

Phrygian

Lydian

L.H. 1 4 2 1 | 3 1 4 3 | 2 1 4 3 | 4 3 1 4

T 7 9 7 10 9 | 8 7 10 9 10 9 7 10

A 7 10 8 7 10 9 | 8 10 9 10 9 7 10

B 7 10 8 7 10 9 | 8 10 9 10 9 7 10

Mixolydian

Aeolian

8va -----

L.H. 2 1 4 2 | 4 2 1 4 | 1 4 3 1 | 3 1 4 3

T 10 9 12 10 12 10 9 12 | 12 14 12 15 14

A 10 9 12 10 12 10 9 12 | 12 15 14 12 15 14

B 10 9 12 10 12 10 9 12 | 12 15 14 12 15 14

Locrian

Ionian

L.H. 1 4 2 1 | 3 1 4 2 | 2 1 4 2 | 4 3 1 4

T 14 16 14 17 15 | 15 14 17 15 17 16 14 17

A 14 17 15 14 17 15 | 15 14 17 15 17 16 14 17

B 14 17 15 14 17 15 | 15 14 17 15 17 16 14 17

Combining 1st tetrachord descending consecutively & 2nd tetrachord ascending in thirds



Track #31

12.) Ionian

Dorian

L.H. 2 1 4 2 4 3 1 4 1 4 3 1 4 2 1 4

T 3 2 5 4 2 5 5 8 7 5 7 5 4 7

A 5 3 5 4 2 5 5 8 7 5 7 5 4 7

B

Phrygian

Lydian

L.H. 1 4 2 1 3 1 4 3 3 1 4 2 4 3 1 4

T 7 10 8 7 9 7 10 9 9 7 10 8 10 9 7 10

A 7 10 8 7 9 7 10 9 9 7 10 8 10 9 7 10

B

Mixolydian

Aeolian

8va -----

L.H. 2 1 4 2 4 2 1 4 1 4 3 1 3 1 4 3

T 10 9 12 10 12 10 9 12 12 15 14 12 14 12 15 14

A 10 9 12 10 12 10 9 12 12 15 14 12 14 12 15 14

B

Locrian

Ionian

L.H. 1 4 2 1 2 1 4 3 2 1 4 2 4 3 1 4

T 14 17 15 14 15 14 17 16 15 14 17 15 17 16 14 17

A 14 17 15 14 15 14 17 16 15 14 17 15 17 16 14 17

B

Combining 1st tetrachord descending in thirds & 2nd tetrachord ascending consecutively



Track #32

13.) Ionian

Dorian

L.H.

2 4 1 2 4 1 3 4 1 3 4 1 2 4

T 3 5 2 3 5 2 4 5 5 7 8 5 7 4 5 7

A 5 3 5 7 8 5 7 4 5 7

B

Phrygian

Lydian

L.H.

1 2 4 1 3 4 1 3 3 4 1 2 4 1 3 4

T 7 8 10 7 9 10 7 9 9 10 7 8 10 7 9 10

A 8 10 7 9 10 7 8 10 7 8 10 7 9 10

B

Mixolydian

Aeolian

8^{va}

L.H.

2 4 1 2 4 1 2 4 1 3 4 1 3 4 1 3

T 10 12 9 10 12 9 10 12 12 14 15 12 14 15 12 14

A 12 10 12 14 15 12 14 15 12 14 15 12 14

B

Locrian

Ionian

L.H.

1 2 4 1 2 4 1 3 2 4 1 2 4 1 3 4

T 14 15 17 14 15 17 14 16 15 17 14 15 17 14 16 17

A 15 17 14 15 17 14 16 17 14 15 17 14 16 17

B

Combining 1st tetrachord ascending consecutively & 2nd descending in intervals of 6.4.2.1.



Track #33

14.)

Ionian

Dorian

L.H. 2 4 1 2 1 2 4 2 1 3 4 1 1 2 4 2

T 3 5 2 3 2 3 5 3 5 7 8 5 4 5 2 5

A B

Phrygian

Lydian

L.H. 1 2 4 1 4 1 2 1 2 4 1 3 1 3 4 2

T 7 8 10 7 10 7 8 7 8 10 7 9 7 9 10 8

A B

Mixolydian

Aeolian

8^{va}

L.H. 2 4 1 2 1 2 4 2 1 2 3 1 4 1 3 1

T 10 12 9 10 9 10 12 10 12 14 15 12 15 12 14 12

A B

Locrian

Ionian

L.H. 1 2 4 1 4 1 2 4 2 4 1 2 1 2 4 2

T 14 15 17 14 17 14 15 14 15 17 14 15 14 15 17 15

A B

Combining 2nd tetrachord ascending consecutively & descending in intervals of 6.4.2.1



Track #34

15.)

Ionian

Dorian

L.H. 4

4 1 3 4 1 2 4 2

5 2 4 5 2 3 5 3

7 4 5 7 4 5 7 5

Phrygian

Lydian

L.H. 3

3 4 1 3 4 1 2 1

9 10 7 9 10 7 8 7

10 7 9 10 7 9 10 8

Mixolydian

Aeolian

8^{va} -----

L.H. 4

4 1 2 4 1 2 4 2

12 9 10 12 9 10 12 10

14 15 12 14 15 12 14 12

Locrian

Ionian

L.H. 3

3 4 1 3 4 1 2 4

15 17 14 16 17 14 15 14

17 14 16 17 14 15 17 15

Combining ascending in intervals of 1.3.5.7 & descending on the 1st tetrachord



Track #35

16.)

Ionian

Dorian

L.H. 2 1 4 3 2 1 4 2 1 4 3 1 1 4 3 1

T 3 2 5 4 3 2 5 3 5 8 7 5 5 8 7 5

A B

Phrygian

Lydian

L.H. 1 4 3 1 1 4 2 1 2 1 4 3 3 1 4 2

T 7 10 9 7 7 10 8 7 8 7 10 9 9 7 10 8

A B

Mixolydian

Aeolian

8^{va}

L.H. 2 1 4 2 2 1 4 2 1 4 3 1 1 4 3 1

T 10 9 12 10 10 9 12 10 12 15 14 12 12 15 14 12

A B

Locrian

Ionian

L.H. 1 4 2 1 1 4 2 1 2 1 4 3 2 1 4 2

T 14 17 15 14 14 17 15 14 15 14 17 16 15 14 17 15

A B

Combining ascending in intervals of 1.3.5.7 & descending on the 2nd tetrachord



Track #36

17.)

Ionian

Dorian

L.H. 2 1 4 3 4 3 1 4 1 4 3 1 4 2 1 4

T 2 5 4 2 5 7 5 4 7

A 3 2 5 4 5 8 7 5 4 7

B 3 2 5 4 5 8 7 5 4 7

Phrygian

Lydian

L.H. 1 4 3 1 3 1 4 3 2 1 4 3 4 3 1 4

T 7 9 7 10 9 8 7 10 9 10 9 7 10

A 7 10 9 7 10 8 7 10 9 10 9 7 10

B 7 10 9 7 10 8 7 10 9 10 9 7 10

Mixolydian

Aeolian

8^{va}

L.H. 2 1 4 2 4 2 1 4 1 4 3 1 3 4 1 3

T 10 9 12 10 12 10 9 12 12 14 12 15 14

A 10 9 12 10 12 10 9 12 12 15 14 15 14

B 10 9 12 10 12 10 9 12 12 15 14 15 14

Locrian

Ionian

L.H. 1 4 2 1 3 1 4 2 2 1 4 3 4 3 1 4

T 14 17 15 14 16 14 17 15 15 14 17 16 17 16 14 17

A 14 17 15 14 16 14 17 15 15 14 17 16 17 16 14 17

B 14 17 15 14 16 14 17 15 15 14 17 16 17 16 14 17

Section 2

Right Hand Exercises

Right Hand Finger Control Exercises

Using 16th Notes



Track #37

1.)

[illegible]

* Right hand Fingering

[illegible]

2.)

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T A B	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
-------------	---------------------------------	---------------------------------

3.)

R. H. 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2 2

[illegible]

4.)

R H 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2

[illegible]

5.)

R. H. 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1 2

T	
A	
B	

3 3

6.)

R. H. 1 2 1 1 2 1 1 2 1 2 1 1 2 1 1 2 1 2 1 1 2 1 1 2 1 1 2

T	
A	
B	

3 3

7.)

R. H. 2 1 2 2 1 2 2 1 2 1 2 2 1 2 2 1 2 1 2 2 1 2 2 1 2 2 1

T	
A	
B	

3 3

8.)

R. H. 1 1 2 2 1 2 2 1 2 2 1 1 2 1 1 2 1 1 2 2 1 2 2 1 1 2 1 1 2

T	
A	
B	

3 3

9.)

R. H. 1 1 2 2 1 1 2 1 2 2 1 1 2 2 1 2 | 1 1 2 2 1 1 2 1 2 2 1 1 2 2 1 2

T	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
A	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

10.)

R. H. 1 1 2 2 1 2 1 1 2 2 1 1 2 1 2 2 | 1 1 2 2 1 2 1 1 2 2 1 1 2 1 2 2

T	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
A	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

11.)

R. H. 1 2 2 1 2 2 2 1 2 1 1 2 1 1 1 2 | 1 2 2 1 2 2 2 1 2 1 1 2 1 1 1 2

T	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
A	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

12.)

R. H. 1 2 2 1 2 1 1 1 2 1 1 2 1 2 2 2 | 1 2 2 1 2 1 1 1 2 1 1 2 1 2 2 2

T	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3
A	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

Right Hand Finger Control Exercises

Combining 8th & 16th notes, using grace notes



Track #38

1.)

R. H. 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2

T A B 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

2.)

R. H. 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1

T A B 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

3.)

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T A B 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

4.)

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

T A B 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

5.)

R. H. 2 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2

T	3 3
A/B	3 3

6.)

R. H. 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1

T	3 3
A/B	3 3

7.)

R. H. 2 1 2 2 2 1 2 1 1 2 1 1 1 2 1 2 2 1 2 2 2 1 2 1 1 2 1 1 1 2 1 2

T	3 3
A/B	3 3

8.)

R. H. 2 1 1 2 2 1 2 1 1 2 2 1 1 2 1 2 2 1 1 2 2 1 1 2 2 1 1 2 1 2

T	3 3
A/B	3 3



9.)

Bass clef, 4/4 time signature. The staff contains two measures of music, each with a repeat sign at the end. The notes are eighth notes, grouped in pairs. The first measure contains four pairs of eighth notes, and the second measure contains four pairs of eighth notes.

R. H. 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2

T
A
B 3

10.)

Bass clef, 4/4 time signature. The staff contains two measures of music, each with a repeat sign at the end. The notes are eighth notes, grouped in pairs. The first measure contains four pairs of eighth notes, and the second measure contains four pairs of eighth notes.

R. H. 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1

T
A
B 3

11.)

Bass clef, 4/4 time signature. The staff contains two measures of music, each with a repeat sign at the end. The notes are eighth notes, grouped in pairs. The first measure contains four pairs of eighth notes, and the second measure contains four pairs of eighth notes.

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T
A
B 3

12.)

Bass clef, 4/4 time signature. The staff contains two measures of music, each with a repeat sign at the end. The notes are eighth notes, grouped in pairs. The first measure contains four pairs of eighth notes, and the second measure contains four pairs of eighth notes.

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

T
A
B 3

R. H. 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1

L. H. 3

R. H. 2 1 2 2 2 1 2 1 1 2 1 1 1 2 1 2 2 1 2 2 2 1 2 1 1 2 1 1 1 2 1 2

3 3

R. H. 2 1 1 2 2 1 2 1 1 2 2 1 1 2 1 2 2 1 1 2 2 1 1 2 1 2

T
A
B 3



17.)

Bass clef, 4/4 time signature. The staff contains two measures of music, each starting with a repeat sign. The notes are eighth notes, mostly beamed in pairs. Below the staff is the right-hand fingering: 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2. Below the fingering is a table with two rows: T (Treble) and A/B (Alto/Bass). The table contains two measures of music, each starting with a repeat sign. The notes are eighth notes, mostly beamed in pairs. The table contains the following sequence of notes: 3.

18.)

Bass clef, 4/4 time signature. The staff contains two measures of music, each starting with a repeat sign. The notes are eighth notes, mostly beamed in pairs. Below the staff is the right-hand fingering: 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1. Below the fingering is a table with two rows: T (Treble) and A/B (Alto/Bass). The table contains two measures of music, each starting with a repeat sign. The notes are eighth notes, mostly beamed in pairs. The table contains the following sequence of notes: 3.

19.)

Bass clef, 4/4 time signature. The staff contains two measures of music, each starting with a repeat sign. The notes are eighth notes, mostly beamed in pairs. Below the staff is the right-hand fingering: 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1. Below the fingering is a table with two rows: T (Treble) and A/B (Alto/Bass). The table contains two measures of music, each starting with a repeat sign. The notes are eighth notes, mostly beamed in pairs. The table contains the following sequence of notes: 3.

20.)

Bass clef, 4/4 time signature. The staff contains two measures of music, each starting with a repeat sign. The notes are eighth notes, mostly beamed in pairs. Below the staff is the right-hand fingering: 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2. Below the fingering is a table with two rows: T (Treble) and A/B (Alto/Bass). The table contains two measures of music, each starting with a repeat sign. The notes are eighth notes, mostly beamed in pairs. The table contains the following sequence of notes: 3.

21.)

R. H. 2 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2

T	
A/B	3 3 3 3 3 3 3 3 3 3 3 3

22.)

R. H. 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1

T	
A/B	3 3 3 3 3 3 3 3 3 3 3 3

23.)

R. H. 2 1 2 2 2 1 2 1 1 2 1 1 1 2 1 2 2 1 2 1 1 2 1 1 1 2 1 2

T	
A/B	3 3 3 3 3 3 3 3 3 3 3 3

24.)

R. H. 2 1 1 2 2 1 2 1 1 2 2 1 1 2 1 2 2 1 1 2 2 1 1 2 1 2

T	
A/B	3 3 3 3 3 3 3 3 3 3 3 3



Track #41

25.)

3 3 3 3 3 3 3 3

R. H. 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2 2 1 2 2

T
A
B 3

26.)

3 3 3 3 3 3 3 3

R. H. 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1 1 2 1 1

T
A
B 3

27.)

3 3 3 3 3 3 3 3

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T
A
B 3

28.)

3 3 3 3 3 3 3 3

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

T
A
B 3

29.)

29.)

R. H. 2 1 2 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2

T
A
B 3

30.)

[illegible]

31.)

[illegible]

32.)

32.)

R. H. 2 1 1 2 2 1 2 1 1 2 2 1 1 2 1 2 2 1 1 2 2 1 1 2 2 1 1 2 1 2

T
A
B 3

Right Hand Finger Control Exercises

Using random accents over 16th notes



Track #42

1.)

$\text{♩} = 60$

Exercise 1: Bass clef, 4/4 time. The exercise consists of two measures of 16th notes. The first measure has accents on the 1st, 3rd, 5th, and 7th notes. The second measure has accents on the 9th, 11th, 13th, and 15th notes. Below the staff, the right hand (R. H.) fingerings are listed: 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 for the first measure, and 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 for the second measure. The thumb (T) and index (A) and middle (B) fingers are also indicated: 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 for the first measure, and 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 for the second measure.



Track #43

2.)

Exercise 2: Bass clef, 4/4 time. The exercise consists of two measures of 16th notes. The first measure has accents on the 1st, 3rd, 5th, and 7th notes. The second measure has accents on the 9th, 11th, 13th, and 15th notes. Below the staff, the right hand (R. H.) fingerings are listed: 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 for the first measure, and 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 for the second measure. The thumb (T) and index (A) and middle (B) fingers are also indicated: 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 for the first measure, and 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 for the second measure.



Track #44

3.)

Exercise 3: Bass clef, 4/4 time. The exercise consists of two measures of 16th notes. The first measure has accents on the 1st, 3rd, 5th, and 7th notes. The second measure has accents on the 9th, 11th, 13th, and 15th notes. Below the staff, the right hand (R. H.) fingerings are listed: 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 for the first measure, and 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 for the second measure. The thumb (T) and index (A) and middle (B) fingers are also indicated: 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 for the first measure, and 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 for the second measure.



Track #45

4.)

Exercise 4: Bass clef, 4/4 time. The exercise consists of two measures of 16th notes. The first measure has accents on the 1st, 3rd, 5th, and 7th notes. The second measure has accents on the 9th, 11th, 13th, and 15th notes. Below the staff, the right hand (R. H.) fingerings are listed: 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 for the first measure, and 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 for the second measure. The thumb (T) and index (A) and middle (B) fingers are also indicated: 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 for the first measure, and 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 for the second measure.



Track #46

5.)

Musical notation for Track #46, exercise 5. The notation is in bass clef, 4/4 time, and consists of two measures. The first measure contains a series of eighth notes with a 'V' above the first four. The second measure contains a series of eighth notes with 'V' above the first three and the last two. Below the notation is a Rhythm Hand (R. H.) section with two lines of numbers: 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 and 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1. Below the R. H. section is a T. A. B. section with two lines of numbers: 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 and 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3.



Track #47

6.)

Musical notation for Track #47, exercise 6. The notation is in bass clef, 4/4 time, and consists of two measures. The first measure contains a series of eighth notes with a 'V' above the first three. The second measure contains a series of eighth notes with 'V' above the first two, the third, and the last two. Below the notation is a Rhythm Hand (R. H.) section with two lines of numbers: 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 and 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1. Below the R. H. section is a T. A. B. section with two lines of numbers: 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 and 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3.



Track #48

7.)

Musical notation for Track #48, exercise 7. The notation is in bass clef, 4/4 time, and consists of two measures. The first measure contains a series of eighth notes with a 'V' above the first two, the third, and the last two. The second measure contains a series of eighth notes with 'V' above the first, the third, and the last two. Below the notation is a Rhythm Hand (R. H.) section with two lines of numbers: 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 and 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1. Below the R. H. section is a T. A. B. section with two lines of numbers: 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 and 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3.



Track #49

8.)

Musical notation for Track #49, exercise 8. The notation is in bass clef, 4/4 time, and consists of two measures. The first measure contains a series of eighth notes with a 'V' above the first, the third, and the last two. The second measure contains a series of eighth notes with 'V' above the first, the third, and the last two. Below the notation is a Rhythm Hand (R. H.) section with two lines of numbers: 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 and 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1. Below the R. H. section is a T. A. B. section with two lines of numbers: 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 and 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3.

Section 3

Left and Right Hand Exercises



Left & Right Hand Sync. Exercises

Track #50

Skipping strings in intervals of 6th

1.) $\text{♩} = 80/120$

move up chromatically

L.H. 2 2 1 1 4 4 3 3 1 1 4 4

R.H. 1 2 1 2 1 2 1 2 1 2 1 2

T 2 2 4 4 5 5 2 2 4 4 5 5

A 3 3 5 5 2 2 3 3 5 5 2 2

B

2.) $\text{♩} = 80/120$

move up chromatically

L.H. 2 2 1 1 4 4 3 3 1 1 4 4

R.H. 2 1 2 1 2 1 2 1 2 1 2 1

T 2 2 4 4 5 5 2 2 4 4 5 5

A 3 3 5 5 2 2 3 3 5 5 2 2

B



Track #51

3.) $\text{♩} = 80/120$

move up chromatically

L.H. 4 4 1 1 3 3 4 4 1 1 2 2 4 4 1 1 3 3 4 4 1 1 2 2

R.H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

T 5 5 2 2 4 4 2 2 5 5 3 3 5 5 2 2 4 4 2 2

A 5 5 2 2 5 5 3 3 5 5 2 2 4 4 2 2 5 5 3 3

B

4.) $\text{♩} = 80/120$

move up chromatically

L.H. 4 4 1 1 3 3 4 4 1 1 2 2 4 4 1 1 3 3 4 4 1 1 2 2

R.H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T 5 5 2 2 4 4 2 2 5 5 2 2 4 4 2 2 5 5 2 2

A 5 5 2 2 5 5 3 3 5 5 2 2 4 4 2 2 5 5 3 3

B



Track #52

Left & Right Hand Sync. Exercises

Skipping strings in intervals of 5th

1.)

L. H. 1 1 3 3 2 2 4 4 1 1 3 3 2 2 4 4

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T 1 1 3 3 2 2 4 4 1 1 3 3 2 2 4 4

A B

L. H. 1 1 3 3 2 2 4 4 1 1 3 3 2 2 4 4

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T 1 1 3 3 2 2 4 4 1 1 3 3 2 2 4 4

A B

L. H. 1 1 3 3 2 2 4 4 1 1 3 3 2 2 4 4

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T 1 1 3 3 2 2 4 4 1 1 3 3 2 2 4 4

A B

move up chromatically



2.)

L. H. 3 3 1 1 4 4 2 2 3 3 1 1 4 4 2 2

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T 3 3 1 1 4 4 2 2 3 3 1 1 4 4 2 2

A

B

L. H. 3 3 1 1 4 4 2 2 3 3 1 1 4 4 2 2

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T 3 3 1 1 4 4 2 2 3 3 1 1 4 4 2 2

A

B

L. H. 3 3 1 1 4 4 2 2 3 3 1 1 4 4 2 2

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T 3 3 1 1 4 4 2 2 3 3 1 1 4 4 2 2

A

B

move up chromatically



3.)

L. H. 1 1 3 3 4 4 2 2 1 1 3 3 4 4 2 2

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2
2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T
A
B 1 1 3 3 4 4 2 2 1 1 3 3 4 4 2 2

L. H. 1 1 3 3 4 4 2 2 1 1 3 3 4 4 2 2

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2
2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T
A
B 1 1 3 3 4 4 2 2 1 1 3 3 4 4 2 2

L. H. 1 1 3 3 4 4 2 2 1 1 3 3 4 4 2 2

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2
2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T
A
B 1 1 3 3 4 4 2 2 1 1 3 3 4 4 2 2

move up chromatically



Track #55

Left & Right Hand Sync. Exercises

Skipping Strings in Various Intervals

1.) ♩ = 100/140

move up chromatically

R. H. 1 2 1 2 1 2 1 2 1 2 1 2

T 1 1 1 1 3 3 1 1 1 1 3 3

A 1 1 1 1 1 1 1 1 1 1 1 1

B 1 1 1 1 1 1 1 1 1 1 1 1

1a.) ♩ = 100/140

move up chromatically

R. H. 2 1 2 1 2 1 2 1 2 1 2 1

T 1 1 1 1 3 3 1 1 1 1 3 3

A 1 1 1 1 1 1 1 1 1 1 1 1

B 1 1 1 1 1 1 1 1 1 1 1 1



Track #56

2.) ♩ = 100/140

move up chromatically

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

T 1 1 1 1 1 1 3 3 1 1 1 1 1 1 3 3

A 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

B 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

2a.) ♩ = 100/140

move up chromatically

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T 1 1 1 1 1 1 3 3 1 1 1 1 1 1 3 3

A 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

B 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

Left & Right Hand Sync. Exercises



Track #57

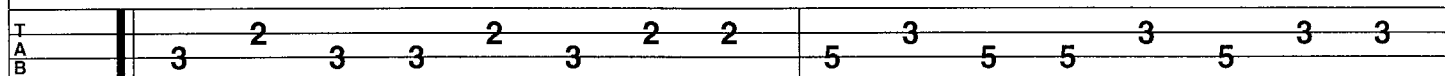
Combining interval skipping and
Right hand finger control exercises

1.)

L. H. 2 1 2 2 1 2 1 1 4 2 4 4 2 4 2 2



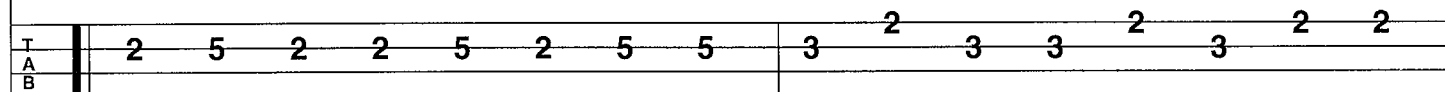
R. H. 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2 2



L. H. 1 4 1 1 4 1 4 4 2 1 2 2 1 2 1 1



R. H. 1 2 1 1 1 2 1 1 1 2 1 1 2 1 2 2

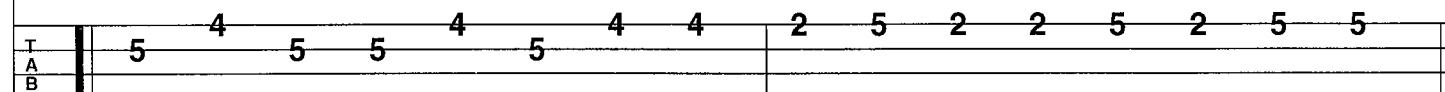


L. H. 4 2 4 4 2 4 2 2 1 4 1 1 4 1 4 4

move up chromatically



R. H. 1 2 1 1 2 1 2 2 1 2 1 1 2 1 2 2





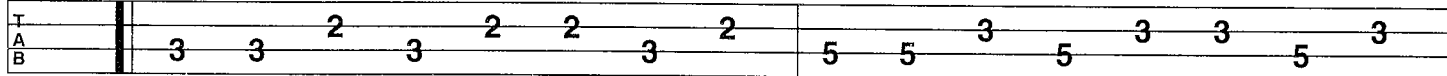
Track #58

2.)

L. H. 2 2 1 2 1 1 2 1 4 4 2 4 2 2 4 2



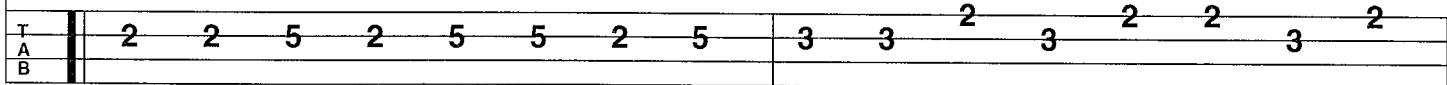
R. H. 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2



L. H. 1 1 4 1 4 4 1 4 2 2 1 2 1 1 2 1



R. H. 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2

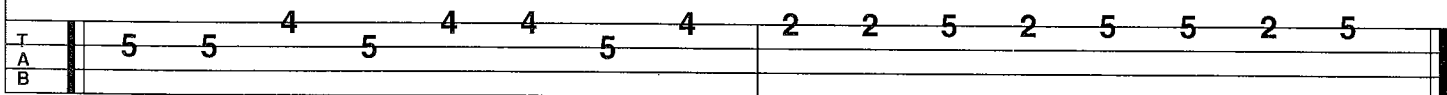


move up chromatically

L. H. 4 4 2 4 2 2 4 2 1 1 4 1 4 1 4 4



R. H. 1 1 2 1 2 2 1 2 1 1 2 1 2 2 1 2





Left & Right Hand Sync. Exercises

Inverting left and right hand motion over whole steps

1.)

L. H. 1 2 1 2 1 2 1 2 2 3 2 3 2 3 2 3

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

TAB 1 2 1 2 1 2 2 3 2 3

move up in whole steps

L. H. 3 4 3 4 3 4 3 4 2 3 2 3 2 3 2 3

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 1

TAB 3 4 3 4 3 4 2 3 2 3 2 3

2.)

L. H. 1 2 1 2 1 2 1 2 2 3 2 3 2 3 2 3

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1

TAB 1 2 1 2 1 2 2 3 2 3 2 3

move up in whole steps

L. H. 3 4 3 4 3 4 3 4 2 3 2 3 2 3 2 3

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1

TAB 3 4 3 4 3 4 2 3 2 3 2 3



Track #61

3.)

L. H. 2 1 2 1 2 1 2 1 3 2 3 2 3 2 3 2

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

TAB 2 1 2 1 2 1 2 1 3 2 3 2 3 2

move up in whole steps

L. H. 4 3 4 3 4 3 4 3 3 2 3 2 3 2 3 2

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

TAB 4 3 4 3 4 3 3 2 3 2 3 2 3 2

4.)

L. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

TAB 2 1 2 1 2 1 2 1 3 2 3 2 3 2

move up in whole steps

L. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

TAB 4 3 4 3 4 3 3 2 3 2 3 2 3 2



Track #62

Left & Right Hand Sync. Exercises

Inverting left and right hand motion over half steps

1.)

L. H. 1 3 1 3 1 3 1 3 2 4 2 4 2 4 2 4

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

T. A. B. 1 3 1 3 1 3 2 4 2 4 2 4

move up chromatically

L. H. 2 4 2 4 2 4 2 4 1 3 1 3 1 3 1 3

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

T. A. B. 2 4 2 4 2 4 1 3 1 3 1 3 1 3

2.)

L. H. 1 3 1 3 1 3 1 3 2 4 2 4 2 4 2 4

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T. A. B. 1 3 1 3 1 3 2 4 2 4 2 4

move up chromatically

L. H. 2 4 2 4 2 4 2 4 1 3 1 3 1 3 1 3

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

T. A. B. 2 4 2 4 2 4 1 3 1 3 1 3 1 3



3.)

L. H. 3 1 3 1 3 1 3 1 2 4 2 4 2 4 2 4

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

TAB

L. H. 2 4 2 4 2 4 2 4 1 3 1 3 1 3 1 3

R. H. 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1

TAB

4.)

L. H. 3 1 3 1 3 1 3 1 2 4 2 4 2 4 2 4

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

TAB

L. H. 2 4 2 4 2 4 2 4 3 1 3 1 3 1 3 1

R. H. 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2

TAB



Great Music at Your Fingertips